

# List of Progressions for Ear-Training

Ted Greene, undated

Purposes: 1) List, 2) Ear-training.

I – V

I – V (7 ext. no sus)

I – V7 sus or ii7

I – ii – iii – ii

I – ii – IV – V

I/5 – ii/T5 – iii/T5 – ii/T5 or IV/T5

[TR = “tonic root,” and T5 = “tonic 5th”]

Same with TR now and alternate TR & T5, T5 and TR

I – V – IV – V all over TR

I – IV – V – IV all over TR

I/5 – IV/TR – V/T5 – IV/TR

I – I/7 – vi – I/5 – IV – I/3 – ii – V

I – V/3 – vi – iii/3 – IV etc.

} optional bass

I – V/3 – IV/3 – I/5

I – iii – IV – V or I

I – iii – ii – V

I – IV – iii – vi – ii – V – I

I – IV – vii<sup>o</sup> – iii – vi – ii – V – I ← cycle of 4ths

I – vi

I – vi – ii – V

I – vi – IV – V

ii – V – (I)

ii – V – I – vi

ii – V – iii – vi

ii7/T5 – V7/T5

ii – ii7/7 – V/3 – IV/3 – V ....

ii – iii – IV – iii or V

ii – iii – IV – iii or 7ths all over T5

ii – iii – vi – V<sup>11</sup>

ii – vi – IV – I

iii – vi – ii – V

iii – vi – IV – V or I

iii – IV – V – I

iii – IV – V – IV all over T5

iii/TR – IV/T5 – V/TR – IV/T5 (I – V7sus)

iii – IV – ii – V

iii – ii – V – I

iii triad – V7/5 – I

IV – I

IV – V – vi or I

IV – V7/7 – I/3 or iii

IV – iii – ii – I or V

IV – iii – ii – iii all over T5

IV – vii<sup>o</sup> – iii – vi – ii – V – (I) ← cycle of 4ths

IV – ii – iii – vi

IV – I/3 – ii7 – V or I

V (7 ext. no sus) – I  
 V7sus – I  
 V7sus – V7  
 V triad – V7/7 – I/3 or iii

vi – I  
 vi – IV – I  
 vi – iii – IV – I or V  
 vi – ii – V – I  
 vi – V – IV – (V or I)

Assume that the symbol V7 will include the altered V7's as well, from now on.  
 Also, you may wish to try altered V's for regular V's in the diatonic section.

I – V7 altered (or  $iv^{\circ}7$ )  
 I – II (add9)  
 I –  $ii^{\circ}7$   
 I –  $iv6$   
 I – IV7  
 I – v(7) or  $v^{\circ}7$   
 I – bVII9 and extensions.

I –  $vi7$  –  $ii^{\circ}7$  – V7  
 I –  $vi7$  – II7 – V7  
 I –  $vi^{\circ}7$  – II7 – V7  
 I – VI7 –  $ii7$  – V7  
 I – VI7 –  $ii^{\circ}7$  – V7  
 I – VI7 – II7 – V7

Also try  $iii7$  or III7 or  $iii^{\circ}7$  for I in any of these.

I – II7 –  $ii7$  – V7  
 I – II7 –  $ii^{\circ}7$  – V7

Also try  $vi7$  for I

I –  $iv7$  –  $iii7$  –  $vi7$  (or VI7) etc.  
 I –  $iv7$  – III7 –  $vi7$  (or VI7) etc.  
 I –  $iv7$  –  $iii7$  – VI7 –  $vi7$  – II7 –  $ii7$  – V7  
 I –  $iv7$  – III7 – VI7 –  $vi7$  – II7 –  $ii7$  – V7

I – IV7 – III7 –  $vi7$  (or VI7) etc.  
 I – IV7 –  $iii7$  –  $vi7$  (or VI7) etc.  
 I – IV7 – (III7 – VI7) –  $vi7$  – II7 –  $ii7$  – V7  
 I – IV7 –  $iii7$  – VI7 –  $vi7$  – II7 –  $ii7$  – V7  
 I – IV(7) –  $vii^{\circ}7$  – III7 –  $vi7$  – II7 –  $ii7$  – V7  
 I – IV(7) –  $vii^{\circ}7$  – III7 – VI7 – II7 –  $ii7$  – V7  
 I – IV(7) –  $vii^{\circ}7$  – III7 –  $vi7$  – II7 –  $ii7$  –  $v7$  – I7  
 I – IV – VII7 – III7 etc.

I – bVII7 – iii7 – VI7 – ii7 (or II7 or ii<sup>ø</sup>7) – V7  
 I – bVII7 – iii7 – (VI7) – vi7 – II7 (or ii7 or ii<sup>ø</sup>7) – V7  
 I – bVII7 – vi7 (or VI7) – II7 – ii7 (or ii<sup>ø</sup>7) – V7

I – vii(<sup>ø</sup>)7 – III7 – vi7 (or VI7) etc.  
 I – vii(<sup>ø</sup>)7 – III7 – VI7 – vi7 – II7 etc.  
 I – VII7 – iii<sup>ø</sup>7 (or iii7) – VI7 etc.  
 I – VII7 – III7 – VI7 (or vi7) – vi7 etc.

I (or v7) – I7 – IV – bVII7 – vi – II – ii – V  
 I (or v7) – I7 – IV – bVII7 – iii – VI – ii – V  
 I (or v7) – I7 – IV – bVII7 – other  
 I (or v7) – I7 – IV – iv6 (or iv7) etc.  
 I (or v7) – I7 – #iv<sup>ø</sup>7 – iv6 (or iv7) etc.

I – iii (or #iv<sup>ø</sup>7) – iv7 – bVII7 etc.  
 I – III7 – IV – #iv<sup>ø</sup>7 (or #iv<sup>o</sup>7) etc.  
 I – III7 – IV – iv7 (or iv6) etc.

I – I7/7 – IV/3 – iv/3  
 I – I7/7 – vi(6) – iv/3 – I/5  
 I – V/3 – I7/7 – IV/3 – iv/3 – I/5 – #iv<sup>ø</sup>7 (or II7/3 – V7/7) – V<sup>11</sup>  
 I – V/3 (or I/7) – v6/3 – VI7 – iv6/3 – V7 – I  
 I/5 – vi6/6 – iv – I/3  
 I/3 – i<sup>o</sup>7/4 – ii7 – V7  
 I – VI7b9/3 – ii7 – i<sup>o</sup>7/3 – I/3 – III7 – IV etc.  
 I – I7/3 – IV – #iv<sup>o</sup>7 (or #iv<sup>ø</sup>7) – (I/5 etc.)

ii7 – V7 altered – (I)  
 ii<sup>ø</sup>7 – V7 – I  
 II7 – bVI7 – ii7 – V7 – (I)  
 II7 – V7 – I  
 II7 (or #iv<sup>ø</sup>7) – I  
 ii7 – V7 – iii7 – VI7  
 ii<sup>ø</sup>7 – V7 – iii<sup>ø</sup>7 – VI7

IV – vii(<sup>ø</sup>)7 – III7 – vi7 (or VI7) etc.  
 IV – bVII7 etc.  
 IV – iv6 (or iv7) etc.  
 IV – #iv<sup>o</sup>7 (or #iv<sup>ø</sup>7) etc.  
 iv7 – bVII7 etc.  
 #iv<sup>ø</sup>7 (or #iv7) – VII7 – iii<sup>ø</sup>7 – VI7 – ii<sup>ø</sup>7 – V7  
 #iv<sup>ø</sup>7 – iv6 (or iv7) etc.  
 #iv<sup>ø</sup>7 – IV7 (or VII7) – iv7 – bVII7 etc.

V7 altered – I  
 V7 – IV/3 – v<sup>o</sup>7/3 – V7/3 and from V7/3

vi – vi/7 (or I7/5) - #iv<sup>ø</sup>7 etc.

vi – (ii) – v7 – I7 etc.

vii<sup>ø</sup>7 – III7 – iii<sup>ø</sup>7 – VI7 – vi<sup>ø</sup>7 – II7 – ii<sup>ø</sup>7 – V7

vii7 – III7 – iii7 – VI7 – vi7 – II7 – ii7 – V7

vii7 – III7 – vi7 – II7 – ii7 (or ii<sup>ø</sup>7) – V7 – I

Substitute: bass pedal, ii7 for IV or IV7, elision.

1/2 Step Approach. Example: I – bVII – VI – bIII – II etc.

I – bII7

I – bII

I – vi7 – II7 (or ii7) – bII<sup>Δ</sup>7 (or bII7)

I – vi7 – bVI7 – V7

I – VI7 – bVI7 – V7

I – vi7 (or VI7) – bVI<sup>Δ</sup>7 – V7

I – bIII7 – bVI<sup>Δ</sup>7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – bIII7 – bVI7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – bIII7 – II7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – bIII7 – ii7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – bIII<sup>Δ</sup>7 – ii7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – biii7 – ii7 – V7 (or bII<sup>Δ</sup>7 or bII7)

Also try iii7 or III7 or iii<sup>ø</sup>7 for I here.

I – bVI7 – ii7 (or ii<sup>ø</sup>7) – V7 (or bII7 or bII<sup>Δ</sup>7)

I – bVI7 – II7 – V7 (or bII7 or bII<sup>Δ</sup>7)

I – bVI7 – V7 – bII7 (or bII<sup>Δ</sup>7)

Also try iii7 or vi7 for I here.

I (or vi7) – II7 – bVI7 (or bVI<sup>Δ</sup>7) – V7 (or bII7 or bII<sup>Δ</sup>7)

I(7) – bVII7 – bVI7 – V7

I<sup>Δ</sup>7 – bVII<sup>Δ</sup>7 – bVI<sup>Δ</sup>7 – V7 (or bII<sup>Δ</sup>7 or bII7)

I – iv7 – iii7 – vi7 – bVI7 (or bVI<sup>Δ</sup>7) – V7 (or bII<sup>Δ</sup>7 or bII7)

I – iv7 – iii7 – bIII(7) – bVI7 (or bVI<sup>Δ</sup>7) – V7 (or bII(Δ)7) – I

I – iv7 – iii7 – bIII(7) – II7 (or II<sup>Δ</sup>7) – V7 (or bII(Δ)7) – I

I – iv7 – iii7 – bIII(7) – ii7 (or ii<sup>ø</sup>7) – V7 (or bII(Δ)7) – I

Dominant 7ths may be used here on iv, iii, or vi

I – iv7 – iii7 – biii7 etc. Also I7 for I

I – iv7 – iii7 – biii7 – ii7 – bVI7 – V7 – bII(7)

I – iv7 – iii7 – biii7 – ii7 – VI7 – ii(ø)7 – V7

I – iv7 – iii7 – VI7 – biii7 – bVI7 – ii7 – V7

I – iv7 – iii7 – VI7 – vi7 – II7 – bvi7 – bII7

I – iv7 – iii7 – VI7 – ii7 (or II7) – bVI7 – ii7 – V7

I – iv7 – iii7 – VI7 – ii7 (or II7) – bVI7 – V7 – bII(7)

Likewise

[Dominant 7ths may be used here on iv, iii, or vi]

Ex:

I7 – IV7 – III7 – bIII7 – bVI<sup>Δ</sup>7 – bII7 – I

I – iv7 – III7 – vi7 – II7 – bVI7 – ii7 – V7 (or bII<sup>Δ</sup>7)

} Likewise [\[see above\]](#)

VI7 may replace bII7 and vice versa above.

bVII7 may replace iv7 in the above progressions.

I – bVII7 – iii7 – VI7 – ii7 – bII<sup>Δ</sup>7 (or bII7) – I

I – bVII7 (or iv7) – iii7 – VI7 – vi7 – II7 – ii7 – V7 (or bII(7) )

I(7) – IV(7) – bVII(7) – bIII(7) – bVI(7) – bII(7) (or V7) – I(7)

I(7) – IV(7) – bVII(7) – bIII(7) – ii7 (or ii<sup>∅</sup>7) – bII(7) (or V7) – I(7)

I(7) – IV(7) – bVII(7) – biii7 – ii7 (or ii<sup>∅</sup>7) – bII(7) (or V7) – I(7)

I(7) – IV(7) – bVII(7) – biii7 – bVI(7) – bII(7) (or V7) – I(7)

I(7) – IV(7) – bvii7 – bIII7 – bVI(7) – bII(7) (or V7) – I(7)

I(7) – IV(7) – bvii7 – bIII7 – ii7 (or ii<sup>∅</sup>7) – bII(7) (or V7) – I(7)

I(7) – iv7 – bVII7 – bIII(7) – ii7 (or ii<sup>∅</sup>7) – bII(7) (or V7) – I(7)

I(7) – iv7 – bVII7 – bIII(7) – bVI(7) – bII(7) (or V7) – I(7)

VI7 for bIII

III7 for bVII

