Nothing too profound here, just some colors that have been around a long time, and that many of us have to be able to HEAR and deal with in a variety of ways.

First, to establish a key, play the [following]:

Key of D

Now compare the following with each other:
You may also wish to add the lower voices to this one.

Work hard until you can play these fluidly.
Nothing too profound here, just some chords that have been around a long time and that I think are nice to be able to hear and feel with in a variety of ways. First, to establish a key, play the above.

Also:

You may switch from one to the other and back and forth if you can play them fluidly.