Common Goals of Life (for adults)
Common = means commonly held, at least the majority of these goals
Goals = or wished-for conditions

Ted Greene – 1977, March 1

Many of these concepts are not 100% possible.
(Not all people want all of these goals)

Level 1:
Recognition To figure out what the goals are (i.e. that there are any goals at all).

Level 2:
Happiness

Level 3:
1) Physical Gratification (gratification of the senses)
2) Emotional Gratification
3) Mental Gratification

Level 4:
What People Specifically Want to Gain, Preserve, Create, Do, Be:
1) Survival (self-preservation, existence)
2) Freedom – being able to live your life the way you want to (not 100% possible)
3) Health, Vitality, Youth
4) Time, Long Life (some say no here, but that’s because they unfortunately have unhappy lives)
5) Security: – assuredness of continuation of (or improvement of) present worthwhile concepts in areas of:
   1) Financial – Due to any combination of amassed, present or future income and wealth.
   2) Emotional – Long-term relationships, friendships; 2 levels: from without and within.
   3) Physical – Two levels of this: from outer harm and inner harm.
   4) Spiritual – (Beliefs in) good live here and hereafter; faith, guidance
   5) Cultural Preservation of one’s Achievements, and all that you think is valuable.
   6) Mental – Peace of mind, stable intelligence.
6) Justice All causes produce deserving effects and no unwarranted injury, illness, loss, loss of property, etc., is possible.
7) Brotherhood (Peace) [the condition of general good-will (at least) towards one’s fellow man]
   Possibly: desire to serve one’s fellow man
8) Purpose (Hope) (High but realistic goals); feeling cared for, needed, worthwhile, worthy, loved, respected, admired, important, desire for status, prestige, fame, power, desire for greatness, high-level achievement; making the world as good a place as it can possibly be; excelling in whatever you do; generally, being the highest force for good that you can be (being an instrument to provide as many benefits to yourself and others as you can possibly be).
9) Reasonable degree of **Love of Self** (self esteem). Self: approval, admiration, respect, which lead to self-confidence, self-love, even possibly self-fulfillment (containment) to a high degree. In areas of (where applicable):

1) Your *Outer* self: appearance (desire for physical beauty), personality, manners, manner
2) Your *Inner* self: beliefs, goals, integrity and character, self-reliance, self-control, self-discipline, ability to think, reason, etc. General wisdom, talent(s), creative abilities,
3) (Related to #2 above) Your Life: what you are actually doing or have done (with your short time on this earth) to accomplish your goals, respect for your use of time and energy, how hard you are working for what you believe in, self-actualization, living up to your highest abilities and maybe even your highest ideals too, or knowing you are doing the best you can for yourself and others (to provide as many benefits as possible); ability to earn a living at something you enjoy and believe in.

10) **Love of Others** (loving others – includes animals or ?) Knowing others whom you can admire, respect, care for, love and ? (see below). Applied to inner self and outer self and their lives.

11) **Love From Others** (including animals or ?) Tolerance, open-mindedness, courtesy, cooperation, attention, interest, patience, cheerfulness, warmth, fairness, justice, appreciation, gratitude, honesty and sincerity, acceptance, approval, praise, admiration, sensitivity, respect, generosity, unselfishness, humility, proper forgiveness, compassion, kindness, empathy, consideration, caring, sharing, affection, love, sacrifice (where proper), loyalty (where proper).

All this applied once again to your inner self, outer self, your life.

12) **Beautiful Universe** (environment, climate, beautiful places to visit, and ?)

13) **Entertainment, Short-term** (although it occasionally will turn into long-term) **Gratification** of appetites in areas of: food, sex, recreation, rest, music, and other cultural areas?, miscellaneous gratification of the senses and emotions – higher level (generally): inspiration, new experiences variety, things to be excited about or to look forward to (these aren’t always in the domain of entertainment).

14) **Education, Knowledge, and Miscellaneous Mental Gratification** – Knowledge of how and will power to attain all this (or at least access the same).

15) **Creative Outlets** so as to produce **Creative Expression**

16) **Comfortable Living Situation or Condition** – definitely related in some ways to #12)

17) **The Condition Where Those You Care For** (and maybe others too, depending on the individual) are and/or have attained or will attain the above too.

18) **Various Negative Wants**, like: not having to work, everything or at least many things handed to you on a silver platter (general “something for nothing” attitude). (It’s not the wants that are bad, it’s what they produce). Also: power, revenge, someone(s) to manipulate, and the power to do it with instant or easy solutions.
Many of these concepts are not 100% possible.

**LEVEL 1: HAPPINESS**  
Meaning (universal, held at least by majority of those you know)  
**RECOGNITION**  
LEVEL 1: To figure out what THE GOALS ARE (i.e. that there are any goals at all)  
**LEVEL 2: PHYSICAL**  1) PHYSICAL Gratification  2) EMOTIONAL Gratification  3) MENTAL Gratification  
**LEVEL 3: SURVIVAL** (self-preservation, existence)  
1) FREEDOM  being able to have your life the way you want to (not 100% possible)  
2) HEALTH, VITALITY, YOUTH  
3) TIME, LONG-LIFE (some may argue that this is because you have an unhappy life)  
4) SECURITY  (reduces the conflict of (or improves the) present worthwhile concepts of society):  1) FINANCIAL due to any combination of increased present or future income, wealth  2) EMOTIONAL through relationships, friendships  3) PHYSICAL development  4) SPIRITUAL (belief in) good life has a purpose; Faith; Guidance  
5) PRESCRIPTION OF ONE'S ACHIEVEMENTS, AND ALL THAT YOU THINK IS VALUABLE  
6) JUSTICE - all causes produce desirable effects and no unwarranted injury, illness, loss, etc is possible  
7) BROTHERHOOD love for others  
8) PURPOSE  (high but realistic GOALS; the Casper effect, CAREER, personal demands, time, money, etc.)  
9) BEAUTY (united, goal-oriented, purposeful, focused)  
10) SELF-DEFENSEваться, self-control, self-discipline, ability to think, reason, etc. (SELF-DEFENSE)  
11) LOVE OF SELF self-confidence, self-love, even possibly self-indulgence (continued)  
12) LOVE OF OTHERS: personality, manners, manners of speech, etc.  
13) LOVE FROM OTHERS (including animals)  
14) LOVE OF THE UNIVERSE (environment, climate, beautiful places, etc.)  
15) ENTERTAINMENT, SHORT-TERM (though possibly will turn into long-term)  
16) EDUCATION, KNOWLEDGE & MISCELLANEOUS MENTAL GRATIFICATION  
17) CREATIVE OUTLET  
18) COMFORTABLE LIVING SITUATION & CONDITION  
19) THE CONDITION WHERE YOU CARE FOR (maybe other too, depending on the individual)  
20) VARIOUS NEGATIVE WANTS LIKE: Not having to work, not having to do anything, not being hungry, etc.  
21) OTHERS  
22) INFERIORITY  
23) INSTANT quarrels