

Chords For Stretching the Hand

11-2-74 © Ted Greene

Try to eventually get these chords to ring true on as low a fret as possible. Practice these chords for at least 5 or 10 minutes every day (you don't have to play all of them each day, a few will do) starting on high frets and working your way down to the lower frets gradually. You will be amazed at the results in a few weeks. - Nature will reshape your hands (inwardly).

A collection of 48 guitar chord diagrams arranged in four rows. Each diagram shows a fretboard with dots indicating finger positions. The chords include: Row 1: A6, A6, A6, A6, A6, A/9, A/9, A/9, A/9, B/9, B/9, Gb7, Gb7, E7. Row 2: E7, A7, E7, E9, A9, F9, F#m7, A#m7, F#m7/11, F#m7/11, F#m7/11, F#m7/11, B11, A7. Row 3: Bb9, F#m6, F#m6, F#m6, F#m6, F#m6, Bb6, C#m6, Ab7, D7, E7, B7, F#7, D7. Row 4: Ab7, A7b9, A7b9, A7b6, F#m7/11.

DO THESE EXERCISES DOWN CHROMATICALLY - THAT IS, KEEP LOWERING THEM ONE FRET AT A TIME

A sequence of guitar chord diagrams for chromatic exercises. The first two diagrams are Am9/m6 and Am7/11/D7. The next two are Em7 and A7. The next two are Bm7 and E7/6. The next two are A/9 and Em7. The next two are A7 and D9. The diagrams are grouped with vertical lines and some are enclosed in parentheses.

A sequence of guitar chord diagrams for chromatic exercises. The first two are C#m7 and F#9. The next two are Em7/11 and A9. The next two are Am7/11 and D9. The next two are G7 and E7b9. The next two are Em7/11 and A7/6. The diagrams are grouped with vertical lines and some are enclosed in parentheses.

A sequence of guitar chord diagrams for chromatic exercises. The first two are Em7/11 and A7. The next two are Em7/11 and A7. The next two are Em7/11 and A7. The diagrams are grouped with vertical lines.