

# Playing in One Position

(As a tool for learning major scales and transitions between them)

Correlate this page with "The 5 Main Areas of the Neck"

## Major Sounds

1st position

**A<sup>b</sup>/9** **D<sup>b</sup>/9** or A<sup>b</sup>

**G<sup>b</sup>/9** **B/9**

**E/9**

Now repeat whole pattern starting one fret higher (A/9) and so on.

Then do entire scales as above.

Then make up runs as above.

## Dominant 7th Sounds

2nd position

**A<sup>9</sup>** **D<sup>9</sup>**

**G<sup>9</sup>** **C<sup>9</sup>**

**F<sup>9</sup>** **B<sup>b</sup>9** Etc.

This starts the pattern all over one fret higher.

Then do entire dominant scales as above, then runs.

Minor Sounds

2nd position

Am/9 Dm/9

Musical notation for Am/9 and Dm/9 scales in 2nd position. The Am/9 scale is shown in the first measure with fingerings 4, 1, 2, 1. The Dm/9 scale is shown in the second measure with fingerings 1, 4, 4, 1. The scales are written in treble clef with a key signature of one flat.

Gm/9 Cm/9

Musical notation for Gm/9 and Cm/9 scales in 2nd position. The Gm/9 scale is shown in the first measure with fingerings 4, 3, 3, 4, 1. The Cm/9 scale is shown in the second measure with fingerings 1, 3, 4, 3. The scales are written in treble clef with a key signature of two flats.

The pattern starts over here.

Fm/9 Bbm/9 Etc.

Musical notation for Fm/9 and Bbm/9 scales in 2nd position. The Fm/9 scale is shown in the first measure with fingerings 2, 1, 1, 3. The Bbm/9 scale is shown in the second measure with fingerings 4, 1, 2, 1. The scales are written in treble clef with a key signature of three flats. The notation ends with "Etc." and a double bar line.

Then do entire minor 7 scales and minor 6 scales.  
Then runs with both types.

Descending chromatic practice routine for all  
types of scales by ascending slowly up the neck.



# PLAYING IN ONE POSITION (as a tool for learning MAJOR SCALES and transitions between them).

CORRELATE THIS PAGE WITH THE 5 MAIN AREAS OF THE NECK

1st POSITION

## MAJOR SOUNDS

Ab9, Db9, Gb9, Bb9, Eb9

NOW REPEAT WHOLE PATTERN STARTING ONE FRET HIGHER (Ab) + SO ON.

THEN DO ENTIRE SCALES AS ABOVE. THEN MAKE UP RUNS AS ABOVE.

2ND POSITION

## DOMINANT 7th SOUNDS

A7, D7, G7, C7, F7

Bb7 THIS STARTS THE PATTERN ALL OVER ONE FRET HIGHER.

etc THEN DO ENTIRE DOM. SCALES AS ABOVE THEN RUNS.

2ND POSITION

## MINOR SOUNDS

Am9, Dm9, Gm9, Cm9, Fm9

Bbm9 THE PATTERN STARTS OVER HERE.

THEN DO ENTIRE m7 scales + mb scales. THEN RUNS WITH BOTH TYPES.

**DESC. CHROM PRACTICE ROUTINE for all types of Scales by ASCENDING slowly up the neck**